Youth Programming
Volunteer Opportunities

Help create safe, creative, and empowering spaces for young people.



1 Mind, Body & Bright Futures Spring Break Camp

- Week of APS Spring Break
- Ages 5–12

2 Thrive & Shine Summer Camp

- Ages 5–12
- 5 weeks
- Dates: Second week in July to first week in August
- Themes: All About Me • All Around the World
- STEM • Arts & Creatives
- Field trips: Pool • Indoor skydiving • Water parks • Museums • Restaurants

3 GEMS

Girls Empowered, Motivated and Strong

- Drop-in program for girls ages 11-13, 4:30-5:30 PM
- Focused on building confidence, kindness, and life skills through fun Empowerment Sessions.

4 Life Lab

- Weekdays, 6–7 PM • Ages 4–8
- A weekly, volunteer-led program where youth learn teamwork, creativity, and positive life lessons through structured activities.
- We would like to have more groups to accommodate all the age ranges we serve.

Ways You Can Help

Volunteer with a youth program and help lead structured, creative, and empowering activities.

Monetary donations are always needed for food and other supplies for our programs.

Support youth programming through your time, talent, or donation.

Volunteers Needed

For more information or to volunteer, email cesha@bridges2.org or volunteer@bridges2.org